

TranScript



Ashes to God and Ashes within Worship

INSIDE THIS ISSUE:

Lent	2
Lenten Dinners	7

On Ash Wednesday, March 5, 2014, Episcopalians are coming into the streets to share a sacred symbol that calls us to pause and reflect the precious gift of our lives. Ash Wednesday marks the beginning of Lent, a 40-day period of reflection and preparation before Easter Sunday.

Each year, Christians gather for Ash Wednesday

services to receive an ash cross on their foreheads, a sign of penitence and humility that sets the tone for the Lenten season. The administering of ashes in public spaces on Ash Wednesday has become a church-wide movement in the Episcopal Church, taking this historic tradition outside of church buildings to train stations, Metro stops, and street corners, where inter-

ested passers-by are marked with the sign of the cross—a reminder of the temporal nature of life. We will be administering Ashes to Go at the **Burtonsville Park and Ride from 7-9 AM** Ash Wednesday.

Ashes within Worship are available at **10 AM and 7 PM here at Transfiguration Parish** located at 13925 New Hampshire.

Shrove Tuesday Pancake Supper

Transfiguration Men's Group

Invites you to its Annual Pancake Supper

Tuesday, March 4, 6:30-8 PM

Donation per person: Adults \$7 Children



Sunday Services 8 AM and 10:15 AM

Lent is a solemn observance in many Christian denominations, lasting for a period of approximately six weeks leading up to Easter Sunday. In most Western denominations Lent runs from Ash Wednesday to Easter Eve.

The traditional purpose of Lent is the preparation of the believer through prayer, penance, repentance, almsgiving, and self-denial. Its institutional purpose is heightened in the annual commemoration of Holy Week, marking the death, burial and resurrection of Jesus, which recalls the tradition and events of the Bible beginning on Good Friday, climaxing with a remembrance of Jesus' crucifixion. Holy Week culminates in the joyful celebration of the Resurrection of Jesus Christ on Easter Sunday.

During Lent, many of the faithful commit to fasting or giving up certain types of luxuries as a form of penitence. The Stations of the Cross, a devotional

commemoration of Christ's carrying the Cross and of his execution, are often observed. Many churches remove flowers from their altars, while crucifixes, religious statues, and other elaborate religious symbols are often veiled in violet fabrics in solemn observance of the event. In certain pious countries, some adherents mark the season with the traditional abstinence from the consumption of meat. In some countries, grand religious processions and cultural customs are observed, and the faithful attempt to visit seven churches during Holy Week in honor of Jesus Christ heading to Mount Calvary. This year Transfiguration will have weekly Lenten Dinners on Thursdays at 7 PM. Those attending will bring healthy dishes to share and a recipe so others will be able to make these healthy dishes as well. You are invited.

Lent is traditionally described as lasting for forty days, in commemoration of the forty days which, accord-

ing to the Gospels of Matthew, Mark and Luke, Jesus spent fasting in the desert before the beginning of his public ministry. However, different Christian denominations calculate the forty days of Lent differently.

In most Western traditions the Sundays are not counted as part of Lent since Sundays are always the weekly anniversary of the Resurrection and exempt from fasting or abstinence from meat. Instead Sundays are days of celebration. So, the period from Ash Wednesday until Easter consists of 40 days when the Sundays are excluded.

Lent along with its customs are observed by Catholics, Lutherans, Methodists, Presbyterians, and Anglicans (the latter of which is called Episcopalian in America). We would love to have you join us for Lent 2014 and learn about our parish and Christian life.

What is Lent?
Its traditions?
Who celebrates Lent?
When do we observe Lent?

Holy Week and Easter Services

Palm Sunday

April 13 @ 8 and 10:15 AM

Maundy Thursday

April 17 @ 7 PM

Good Friday

April 18

Mediations *Noon to 3* at
Good Shepherd, Silver Spring

Seven Last Words by
Transfiguration Choir @ 7 PM

Easter Vigil

April 19 @ 7 PM

Festival Eucharists of EASTER

April 20 @ 8 AM and 10:15 AM

March 2014

Sun	Mon	Tue	Wed	Thu	Fri	Sat
						1
2 The Return Home 9:15 Worship Comm. Mtg	3 6:30 Swing Dance	4 2 PM Thrift Store Board MTG 6:30-8 Pan-cake Supper	5 7-9 Ashes to Go, Burtonsville Park and Ride 10 AM & 7 PM Ash Wed Services 11 Bible Study 6 PM Yoga	6 1:30-3 MAGI 6:30 Swing Dance	7	8 Meg@COM Retreat 8 AM Zumba 4 PM Swing Dance
9 Queen of Beauty & Courage 9:15 Service Comm. Mtg. 12- Vestry	10 6:30 Swing Dance	11	12 10 Worship 11 Bible Study 6 Yoga	13 6:30 Swing Dance 7PM Lenten dinners	14	15 8 AM Zumba 4 PM Swing Dance
16 Rebuilding the Walls 12-TMG/WOT meets	17 6:30 Swing Dance	18 Region 4 Clergy Meeting	19 10 Worship 11 Bible Study 6 Yoga	20 6:30 Swing Dance 7PM Lenten dinners	21	22 Outreach Retreat 9-1 8 AM Zumba 4 PM Swing Dance
23 Birth of the King 12:15 Altar Guild Mtg.	24 6:30 Swing Dance	25	26 10 Worship 11 Bible Study 6 Yoga	27 6:30 Swing Dance 7PM Lenten dinners	28 Meg and Cheryl Church at The Journey thru Sat.	29 8 AM Zumba 4 PM Swing Dance
30 Jesus' Ministry begins 12-Teacher's Mtg in Library 12-Youth in Nursery	31 6:30 Swing Dance	Dr. Dalton and Dr. Izquierdo-Porrera keep their own schedules	RSDA has the church Friday nights and Saturday mornings and other venues as scheduled			

Lenten Dinners

Usually Lent is about giving something up. This Lent we are invited into doing something wonderful for ourselves: living into a healthy lifestyle that will sustain us all of our lives.

We ask that this year for Lent, we choose to **bring a healthy dish of food to share** to our Lenten dinners. If it can be a healthy dish representing your culture, that would be even better. Please either **bring the recipe or send it to Mother Meg** at meg@transfig.org and she will put it into an online cookbook we can all access from our website.

When are our Lenten dinners?

Thursdays

7 PM

March 13, 20, and 27

April 2 and 9

Start thinking about it now
And together we will . . .

PRAY, EAT, LIVE

**Transfiguration Parish: An Episcopal Church
In the World Wide Anglican Communion**

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*Uniting Diverse People
Under One Lord*

Transfiguration is a loving and welcoming church. Each Sunday we welcome visitors in our midst by handing them a special blue bulletin which has within it information about where things are and how we do things here at Transfiguration.

If you see a person with one of these special blue bulletins, please introduce yourself to them, invite them to fellowship after church, and generally make sure that they are made welcome by this wonderful congregation.

And, if you have been a visitor at Transfiguration and would like to become a member of this parish, membership forms are found in the Narthex on the welcome table. Please take one, fill it out, and return it to an usher or the rector. We would love to welcome you as a member of Transfiguration.

IT'S BEEN A LONG TIME IN COMING...

This journey began with a gift last spring. The vestry had conversations with the parish and committees about accepting the gift of monitors for the church, and then voted in favor of accepting the gift. Of course, as things happen, this was just the beginning

of the saga. We have had to run electrical lines and put in new outlets and run CAT-5e



The Monitors will finally be available to us for Lent.

lines to hook up computers, and chose to run what we needed for that time when we could update our sound system.

Then on opening the monitors to hang them, we discovered one had been damaged at the factory. That led to more angst and work. But it looks like the gift will finally be in place to be in use during Lent. Thanks be to God